

The fifth Ski Mountaineering World Cup stage will take place in Disentis (Switzerland)

Scritto da Administrator
Venerdì 22 Marzo 2019 11:50 -



The ISMF World Cup will return this weekend on the Swiss snows of Disentis after the World Championships of the last week in Villars-sur-Ollon.

The fifth leg involves the execution of two competitions; indeed on Saturday morning the athletes will face the Individual race, while on Sunday the Vertical race.

These days, in Disentis, the national teams have arrived representing 15 countries.

The start and finish area of the Individual race will be in Caischavedra, the top station of the Disentis cable car, while the Vertical race will start from the village of Disentis and will develop going up to Caischavedra.

The weather forecast have announced a clear sky with mild temperatures for all the weekend, so the Local Organising Committee, in agreement with the ISMF referees, was able to confirm the initial programme and the race routes. The Individual race designed by the insiders and the local organisers presents spectacular technical features in a unique high-mountain environment where the view is lost at 360 degrees in the Swiss Alps.

The Senior Men race will start on Saturday morning at 8.15 am with a positive difference in height of 1640 metres (length 14.3 kilometres) divided in three ascents with two parts on foot. One of them will be along a ridge in the first uphill and the second one will take place during the third ascent in a vertical canal.

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The Senior Women, the Espoirs and the Junior Men will face a shorter track, which will be 13.1 kilometres long and with a positive difference in altitude of 1520 metres, while the Junior Women will compete on 10.8 kilometres with a positive difference in height of 952 metres.

Concerning the Vertical race scheduled for Sunday morning, the positive difference in altitude for the Seniors, Espoirs and Junior Men will be of 676 metres, while for the Junior Women will amount to 500 metres. The length for the most challenging route will be of 4.65 kilometres, while for the shortest of 3.45 kilometres.

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